



# INDIAN MEDICAL ASSOCIATION

KOLLAM BRANCH

**NEWS LETTER**

**NOVEMBER 2017**

For Private Circulation  
Only

Vol:32 No.2



President  
**Dr. Biju Nelson**  
Mob : 9846111765  
Email : dr.bijunelson@gmail.com

Hon. Secretary  
**Dr. Anish Madhavan.R**  
Mob : 9995085588  
Email : dranishmadhavah@gmail.com

Hon. Treasurer  
**Dr. Om Prakash**  
Mob : 9447504283  
Email : dromprakashkollam@yahoo.in

## New Team for IMA Kerala State - 2017-18



**Dr. E.K. Ummer**  
IMA Kerala State President



**Dr. N. Sulphi**  
IMA Kerala State Secretary

IMA Kollam to host the 51st Annual IMA Kerala State  
Conference (Nov.10,11-2018). Congrats to IMA Kollam Team





## CME HELD ON 27th OCTOBER 2017



Approach to Anemia - Dr. Ramaswamy.N.V. MD.  
DNB. DM. Senior Consultant Hematologist.  
Aster Medicity, Kochi- Spoke on Liver Transplant.



Liver Transplant - Dr. Charles Panackal. MD DM  
Senior Consultant, Gastro and Hepato Biliary Division.  
Aster Medicity, Kochi - Spoke on Liver Transplant



Team from IMA, Kollam at State Conference,  
Kodungallur.



Dr. Anitha Balakrishnan receiving award of  
appreciation from IMA State President at State  
Conference, Kodungallur.

### Conference Calender

1. CSI 2017 - 69th Annual Conference of Cardiological Society of India, Calcutta, 30th November - 3rd December.
2. IDPA Congress - 2nd International Developmental Pediatrics Association Congress. 7th - 9th December, Mumbai.
3. ASICON 2017 - 77th Annual National Conference of the Association of Surgeons of India, 26th - 30th December, Birla Auditorium, Jaipur
4. TESCON 2018 - 3rd National Conference of Thoracic Endoscopy Society, 20<sup>th</sup> -21<sup>st</sup> January, Aerocity, New Delhi.



## President's Address .....

Atlast the picture and target is clear for us. We will be hosting the 51st IMA conference at Kollam on 10 and 11th of November 2018 after gap of 14 years. I am sure we will make this as a historical event in the history of our branch.

The 15th State Annual conference was held at -Kodungalloor on 11th & 12th Nov.2017. A well organized and very comfortable annual was conducted by IMA Kodungalloor. The participation, food & CME were excellent. Our branch was well attended at the state conference. Dr. Asokan Pillai & Dr. Anitha Sreekumar were appreciated by the state president for their contribution in the area of Blood Donation. The new team of state office bearers Dr. E.K. Ummer & Dr. N. Sulphi were installed as President and Secretary of State Branch respectively.



DR. BIJU NELSON

### **General Body Meeting & CME Program.**

**24th November 2017, Friday at 8pm,**

**Dr. Mohandas Memorial Hall,  
IMA Centre, Asramam, Kollam**

*Topic*

**DIAGNOSIS AND MANAGEMENT OF DIZZINESS.**

*Speaker*

**Dr. SURESH KUMAR MS,**  
Consultant ENT Surgeon, KIMS. Trivandrum.

Members are requested to kindly attend the meeting on time.

## Secretary's Column.....

A look into the problems of the Karnataka Medical Fraternity. The Government of Karnataka is bringing forth the Karnataka Private Medical Establishment (Amendment) Bill, which is a bill that will control the practitioners consultation fees Rs 50 in village and Rs 100 in cities price capped of various procedures etc.

A 10th grade failed plumber who comes home to change a leaking tap, or a small job charges around Rs 300/- as his charges , cost of spares etc and if the house is far off he will put his travel charges as well. Then why should someone who has worked all his way to his graduation and then post graduation and other specialization, then put in almost 15 yrs learning his skills to charge Rs 50/- as consultation and surgeries at a pittance?

Aren't all kinds of charges being levied by govt like pollution board charges, medical waste disposal charges, registration of clinics every now and then, overheads, rent etc or are they trying to favor the cooperates so that the doctors are forced to work under them.

If this law is complimented most doctors will be forced to change Profession!! The health care system will collapse!!

JAI IMA,

Dr. VINOD GEORGE PHILIP  
Hon. Joint Secretary



## New Members



Dr. Azad Khalid  
DND - Student in  
Emergency Medicine



Dr. Ancy A  
M.E.S. Medical College,  
Kozhikode



Dr. Sanjith Thomas  
Anaesthetist in Kerala  
Health Services



Dr. Teena Thomas  
MD, Gen. Medicine



Dr. Krishna  
D/o. Dr. D. Prabhash



## Treasurer's Column .....

പ്രസിഡന്റിന്റെ നേതൃത്വത്തിൽ കൊടുങ്ങല്ലൂർ സ്റ്റേറ്റ് ഐ.എം.എ കോൺഫറൻസിൽ പങ്കെടുത്തു. സംഘടനാപാടവം കൊണ്ടും അന്തസത്ത കൊണ്ടും ഒരു മികച്ച സ്റ്റേറ്റ് കോൺഫറൻസ് തന്നെ ആയിരുന്നു.

നമ്മുടെ ബ്രാഞ്ചിലേക്ക് 2 Life Couple Members ഉൾപ്പെടെ 5 പേർ പുതിയതായി ചർന്നിട്ടുണ്ട്. ഏതാനുംപേർ ചേരാൻ ആഗ്രഹം പ്രകടിപ്പിച്ചിരിക്കുകയാണ്. ഓരോ മെമ്പർമാരും പുതിയ ഒരു അംഗത്തെയെങ്കിലും ചേർക്കാൻ ശ്രമിക്കുമല്ലോ.



JAI IMA,

Dr. OM PRAKASH

### IMA MEMBERSHIP FEES

Annual Single Member	2,400
Annual Couple Member	3,800
Single Life Member	22,500
Couple Life Member	32,000
Annual Single Converted to Life	22,500
Annual Couple Converted to Life	31,000
Life Single to Life Couple	11,000
Associate Membership Single	800
Associate Membership Couple	1,300
Working Fund Single	800
Working Fund Couple	1,300
<b>YOUNG DOCTORS (within 3 years of passing)</b>	
Single Life Member	19,500
Couple Life Member	31,000
Young Doctors Annual	1,500
Young Doctors Couple	2,500
House Surgeons Membership - Annual	500

*"We must protect patients, but we must also find better ways to protect professionals. If we do not, medical progress will cease, particularly in controversial and distressing area"-THE LANCET (Vol 367, April 1-7, 2006).*

*The above article published in Lancet over a decade ago, is ever so relevant today. The recent times have witnessed an alarming rise in incidents of rampant vandalism on hospitals and unprovoked violence against doctors and hospital personnel, disrupting the health care machinery and stabbing the morale of the hapless individuals victimized.*

*The Kerala Healthcare Service Persons & Healthcare Service Institutions Act 2012 ( Prevention of Violence & Damage to Property), was passed to prohibit violence against healthcare service persons and prevent damage and loss of property in healthcare institutions. Five years have passed since this law was passed, yet a lot is still left to be desired regarding it's stringent enforcement.*

*The latest unfortunate incident in the capital city is yet another eye opener for each member of the profession, and calls for an individual commitment to stand together to strengthen the association and to maintain the sanctity and tranquility of our workplace environment, so that people look up to hospitals as temples of healing, and not otherwise.*

*Sensational media coverage of such incidents, often rooted in half truths, worsens the distrust among public towards the medical profession. Society should voice its concern against such organized crime, and doctor's commitment and perseverance for the care and happiness of others has to be appreciated. The media and local political leadership needs to be more sensitive to such issues, and take a more proactive role in making civil society understand how violence against hospitals and doctors adversely affects the health sector at large. Such atrocities cannot be tolerated anymore.*

Jai Hind, Jai IMA

Dr. JOSEPH CARDOZ



## *Down Memory Lane..... with Dr. C.v. Prathapan*

Dr Biju Nelson, our branch President and Dr Joseph Cardoz desired that I may write a few lines in our IMA Newsletter. I am happy and most grateful since I had long been associated with our branch publication when I was President of the branch, as well as the Editor in the Editorial board. Well, according to chronological ageing humans are classified into different groups. Those above sixty years of age are known as elderly people. They are in the category of young old. Old is the group above seventy years and those above eighty years are categorized as oldest old. I belong to the old old group.



By birth, I am a native of central Travancore, exactly speaking Kottayam is my birth town. I migrated from Kottayam to Kollam after I married Dr. M Santhakumary, a native of Kollam proper. Dr. Santhakumari was a pediatrician who was actively involved in IMA. She had held official posts in IMA and IMA WIMA, Kollam was adjudged the best branch in Kerala state in consecutive years when she was the President. Unfortunately she left this world leaving behind our three children with me-Dr. Thara, Dr. Sindhu and Dr. Prasanth. Dr. Thara is a senior consultant at Lakeshore hospital Cochin and now she is the president of WIMA Madhya Kerala IMA branch. She is active in IMA Ernakulam district.

My education was at CMS College Kottayam and then at SB College, Changanaserry. I passed MBBS from Trivandrum in the year 1963. Later I took DPH and DA from the same college and D' Orth from Calicut Medical College. I joined defense service in 1964. During the course of my defense and Kerala health service, I had undergone many training programs in administration and specialty. I was fortunate to have a short stay at Singapore during which I had worked in Mt. Elizabeth hospital for a few months. During my defense service for ten years from 1964 I had great experience in holding various special posts like RMO infantry battalion, ADS commander, general duty medical officer in major hospital and military establishments. I had experienced war services during Indo-Pak war in 1965. In Lahore sector, our formation crossed the Indo Pak Border and advanced 4kms into Pakistan land capturing up to 4kms of Lahore cantonment. For taking part in the war, I was awarded two war medals-"Rajya Raksha Medal" and "Sainya Seva Medal". I was also eligible for Sikkim medal for my defense service in Sikkim at high altitude snow bound area. I was RMO of infantry battalion. The formation was located at a height of 11,000 feet from sea level bound by snow at a temperature of minus 4 degree to minus eleven degree centigrade. The life was adventurous and challenging. India's highest peak and third highest peak of the world, Kanchenjunga was directly visible close on the other side of the camp site. During the so called Bangladesh internal war, large number of refugees came to India and many camps were established to rehabilitate them. Providing medical relief to them was a difficult task. There was a dearth of medical professionals especially doctors to conduct medical relief services. I had volunteered and joined the medical team. The life in the refugee camp was hard and miserable beyond imagination.

During the Indo Pak war in 1973, I had worked in AFMC, Pune, treating the war casualties transferred to AFMC Pune from Military hospitals after initial treatment. I worked in the Neuro Surgical department under the famous Neurosurgeon Major General Virendra Mohan, advisor in Neurosurgery in defense medical service and in Plastic Surgery under Brigadier M R P Sinha, Professor in Plastic Surgery, AFMC. I was a medical officer in charge of officer's ward of Military Hospital Southern Command where wounded officers were admitted.

(This feature will be continued in next month's issue. The "Down Memory Lane" series aims to encourage the younger generation and to fondly appreciate the senior stalwarts of IMA Kollam).

\*\*\*\*\*



# DEPARTMENT OF **PLASTIC AND MICROVASCULAR SURGERY**

**24HR 365 DAYS AVAILABILITY OF PLASTIC, HAND AND MICROVASCULAR SURGERY**

Cosmetic surgeries including Abdominoplasty, Liposuction,  
Breast augmentation & reduction, Rhinoplasty, Face lift, Chin and brow lift

Hair transplantation both Strip and FUE

Hand and Micro surgery including Reimplantation, revascularization

Major vascular repairs including femorotibial bypass, Femoral, Popliteal,  
Axillary, brachial artery repairs

Free flap Surgeries for post RTA tissue defect and bone defect

**EXCELLENT TRACK RECORD** and  
**OUTSTANDING SUCCESS RATES** in  
**VASCULAR & MICROVASCULAR** surgeries



## CONSULTANT

Dr. Sarath T S., MS, M.Ch  
Plastic Surgeon

**N H BYPASS, MYLAPORE, THATTAMALA P.O., KOLLAM - 691020**  
**Tel : 0474 - 2729393, Fax : 0474 724411 | [tmc@tmc.ac.in](mailto:tmc@tmc.ac.in) | [www.tmc.ac.in](http://www.tmc.ac.in)**