



# INDIAN MEDICAL ASSOCIATION

KOLLAM BRANCH

**NEWS LETTER**

**DECEMBER 2017**

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Only

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**Have a wonderful  
Christmas and a  
fantastic New Year!**

Dr. Biju Nelson - President Addressing the rural Dist Level enaguration of Trauma training for Police Officials & Drivers. Others Scene are Rural SP Asokan IPS, DYSP J JACOB Track Convenor Sri. Sathyan, Dr. Athura Das & George F Xavier on 12.12.2017



CME HELD ON .....NOVEMBER 2017



Dr. Ajith Roni, Gastro Enterologist, Travancore Medical College  
talking class on investigation of Jaundice

## NEW MEMBERS



Dr. Aneesh Kumar  
Surendran  
DTCD DNB,  
KIMS Hospital,  
Kollam



Dr. Panoor Jiby Mohan  
DGO,  
N.S. Hospital,  
Kollam



Dr. Anish Krishnan  
DLO, DNB  
N.S. Hospital,  
Kollam

## President's Address .....

*Wish all IMA Kollam Branch Members and their family A Merry Christmas and a Wonderful New Year 2018. Our State Conference Team is ready under the leadership of Dr. Alfred V Samuel as the Chairman Dr. D. Sreekumar as a Secretary & Dr. Asokan Pillai as a Treasurer, all experienced campaigners.*

*At the moment Medical Students all over India is in an agitative mood due to the exit exam by NMC for the MBBS Graduates. In ourstate also other than exit exam the undergraduates as well as post graduates are given strike notice against the government decision to increase the pension age of doctors in Health Services and Medical Education.*

*We modern medicine practitioners will have to work really had to promote scientific thinking among public regarding treatment options thereby exposing the pseudoscience based healthcare practices. As modern medicine practitioners we also have the responsibility delivering healthcare in the most scientific, cost effective and efficient ways keeping up with the growth in other professions.*

*Looking forward for your Corporation in IMA activities and strengthen the association in the coming days.*

*Yours in IMA,*

*Dr. Biju B.Nelson*



### **GENERAL BODY MEETING & CME PROGRAM.**

**29th December, Friday at 8pm, Dr. Mohandas Memorial Hall,  
IMA Centre, Asramam, Kollam**

Topic 1 : **INITIATIVE FOR TREATMENT PROTOCOL**  
Speaker : **Dr. ANCY GEORGE, MD,**  
Junior Consultant in Medicine

Topic 2 : **INVESTIGATIONS ON OUT BREAKS**  
Speaker : **Dr. SANDHYA,** Deputy DMO,  
Kollam

Members are requested to kindly attend the meeting on time.

## Secretary's Column.....



In this era of “e”, IMA Kerala state initiative: IMA e-connect gains importance.

It is an Online Software to consolidate IMA Kerala State branch member data. It helps the member to update details and also helps IMA to find out data about each members, store members certificate online etc. All dues may now be paid through IMA e-connect thus avoiding the cumbersome visit to bank, post office, etc. Registration is a simple procedure, all you need is an e-mail account to sign up.

This is a unique initiative as Kerala IMA is the only State Branch to have started such a program.

Let us join hands to make our IMA kerala State a 100% e- branch.

Jai IMA,

*Dr. Vinod George Philip*

**HANDING OVER OF THE FIRST REGISTRATION AMOUNT, FOR NEXT YEAR'S IMA STATE CONFERENCE, TO BE HELD AT KOLLAM, BY BRANCH PRESIDENT DR BIJU NELSON, TO ORGANISING COMMITTEE TREASURER, DR ASHOKAN PILLAI.**



Respected members,

We are a branch of about 700 members, but only around 140 members have paid the working fund so far. Kindly pay the same at the earliest.

The rent rate of IMA Hall is given below.

Jai IMA,



Dr. Om Prakash

*The following Doctors are acknowledged by IMA Kerala State for the following post*

**Organising Committee Chairman**

- |                         |  |
|-------------------------|--|
| Dr. Uma Mohandas        | - Chief Election Commissioner, Chairman BOT                                  |
| Dr. D. Sreekumar        | - Central Working Committee Member,<br>Member Patient Care Scheme            |
| Dr. S.R. Rajagopal      | - Grievance Redressal forum  |
| Dr. M.P. Radhakrishnan  | - Joint Convenor Mental Health   |
| Dr. B. Priyalal         | - District Representative Dengue free project                                |
| Dr. Anish Madhavan      | - District Representative PEPs   |
| Dr. Anitha Balakrishnan | - Joint Convenor Blood Bank<br>ACLS training district committee co-ordinator |
| Dr. Arun J Prakash      | - Arogyajalakam District Representative                                      |
| Dr. Biju Nelson         | - District Representative INTEC<br>(IMA network Trauma and Emergency Care).  |

**Parry-Romberg Syndrome**

*Progressive hemifacial atrophy also known as Parry-Romberg Syndrome is a rare degenerative condition characterized by a slow and progressive atrophy of facial tissues, including muscles, bones, and skin. Onset is usually in the first decade. A higher incidence among women and left side of face is noted.*

*Clinical features include a sharply demarcated line between normal and abnormal skin known as coup de saber. Alopecia and pigmentation of the involved skin often appear. Oral manifestations include atrophy of half of the lip and tongue, shortening of the body of the mandible and/or ramus of the mandible, retarded tooth eruption, and malformed tooth roots.*

*Medical therapy includes Methotrexate, PUVA, Mycophenolate mofetil, Cyclosporine, and Cyclophosphamide. Various surgical treatment modalities have also been tried.*

### സ്നേഹിക്കാം, സന്തോഷിക്കാം

എന്തിനായ് തുടരേണം യുദ്ധങ്ങൾ, കലാപങ്ങൾ  
എന്തെല്ലാം ദുരന്തങ്ങൾ കണ്ട്സു നാം മടുത്തീലേ?

സ്വന്തമായ് ഒന്നും കൊണ്ട്സു വന്നീല നാമിങ്ങോട്ട്  
സ്വന്തമായ് ഇവിടുണൊന്നും കൊണ്ട്സു നാം  
പോകുന്നില്ല

സ്വപ്നസുന്ദരമാകും ലോകജീവിതം എത്ര -  
ഹൃദ്യമാണെന്നു നമ്മൾ ഓർക്കുകയല്ലേ നന്ന്

ക്ഷണികനേരത്തേക്ക് കിട്ടിയ ജന്മം നമ്മൾ  
ക്ഷണത്തിൽ തീർത്തീടുവാൻ തിടുക്കം കൂട്ടീടല്ല

എത്ര നാം മോഹിച്ചാലും ജീവിതം നമുക്കൊന്നും  
ശാശ്വതമാക്കീടുവാൻ കഴിയീലൊരിക്കലും

അതിനാൽ സ്നേഹിക്കാനും, സന്തോഷം  
പകരാനുമായ്  
ഈ മനോഹര ഭൂമിയെവേദിയാക്കാം

മാനുഷർ നൽകീടുന്ന ക്രൂരത സഹിക്കുന്ന  
മാതാവു തന്നെയല്ലോ, ഈ ക്ഷിതി 'ക്ഷമ'യല്ലേ?



Dr. V.K . Vijayalekshmi  
Sr.Con. Surgeon



*State President  
Dr. E.K. Ummer  
Receiving the  
Newsletter  
from Branch  
Secretary*

## *Down Memory Lane..... with Dr. C.v. Prathapan*

Most of my services were in the Kerala health services. I had held many posts, both administrative and clinical. I did administration services as ADMO, ESI MO, FPMO, Casualty MO, RMO, Dy DMO, DMO, Medical Superintendent, ADHS and DHS Kerala state. I was recipient of Good Service from the Government of Kerala. Acknowledging my exemplary service, I was appointed as One Man Commission for job evaluation and career prospect study of Government Doctors and nurses. Introduction of specialty system in Kerala health services is one among my many recommendations.



After retirement, from government services, I had worked as anaesthetist in almost all hospitals of Kollam city mainly Benziger Hospital, Quilon Surgical Centre, Prathiba Hospital, Kumar Hospital, Nani Memorial Hospital, AGC Hospital, NS hospital and so on.

My involvement in IMA branch activities need not be penned here because they are well known to our members. At the state level I was once upon a time considered to be one among the top level state leaders. I had held almost all important positions in IMA except that of State President ship which was already offered to me. However I was personally not in a fair position to accept. You know, during those days, there were no tough contests or election to the post of state president. I was senior vice president of IMA, Chairman of Ethics Committee, Epidemics cell, Research cell, Chairman of board of trustees, SSS Scheme etc. I was vice chairman of Kerala Health Scheme when it was formed. I was the returning officer of state IMA election, CWC member for three years consecutively, member of central council and state executive committee member for many years and so on.

I feel proud and lucky to be a member of IMA Kollam Branch. Traditionally, it is one of the pioneer branches in Kerala State. It stands in the forefront of the involvement of IMA activities. In the past we had great leaders like past National Vice President Dr Thomas Vaidyan and past state President Dr P T Cheriyan. The present leaders of IMA Kollam branch are many whose earnest involvement in IMA activities committed professional work have achieved good name for medical profession in the society.

Medical profession was considered a noble profession. However it is said that now a days the respect earned by doctors by the society is declining. Hospital attacks, attacks on medical professionals and such violence are on the increase. New generation doctors cannot close their eyes on these issues. This may be perhaps due to the reason that the society is not happy with the commercialization of medical practice. Doctors have to change their mode of life to adapt to the social, cultural and attitudinal changes of the society. New generation doctors have to satisfy the society by strictly adhering to humanitarian considerations, ethical approach and professional transparency in their dealings. New generation doctors have to satisfy the society by strictly adhering to humanitarian considerations, ethical approach and professional transparency in their dealings. New generation doctors should be more society friendly and at the same time they should not forget to learn defensive clinical practices.

(The 'Down Memory Lane' series aims to encourage the younger generation, and to fondly appreciate the senior stalwarts of IMA Kollam).

