



# INDIAN MEDICAL ASSOCIATION

KOLLAM BRANCH

NEWS LETTER

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Only



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President

**Dr. Biju B. Nelson**

Mob : 9846111765

Email : dr.bijunelson@gmail.com

Hon. Secretary

**Dr. Vinod George Jacob**

Mob : 9895085131

Email : vindeep2000@yahoo.co.uk

Hon. Treasurer

**Dr. Om Prakash**

Mob : 9447504283

Email : dromprakashkollam@yahoo.in



*The book on common Neonatal & Paediatric Surgical Emergencies by Prof. Dr. N. Surendran, Senior Paediatric Surgeon was released by Dr.M.K.C. Nair, Vice Chancellor, KUHAS on 23.02.2018. The book was received by Prof. Dr. Sethunath HOD, Paediatric Surgery MCH, Trivandrum*



*Dr. A. Marthanda Pillai, Past National President addressing the gathering on the occasion of the reception to IMA Bharat Yatra on 25.02.2018 at our branch. Others seen are Dr. Goyal - Formal National Secretary General, Dr. Jayaram Das- Senior Vice President IMA, Dr. Alex Franklin- Former State President, Dr. Sreekumar - District Chairman IMA, Dr. Prasad Cheeramattom - Joint Secretary IMA & Dr. Biju Nelson.*

## CME PROGRAMME HELD ON CME ON 23.02.2018



Dr. M.K.C Nair releasing the book of Paediatric Emergency Surgeries by Dr.Prof.N. Surendran and first copy was recieved by Prof. Dr.Sethunath



New Members Dr. Sabari Haridas Dr. Anoop Mohan & Dr. Vandana Vijayan enrolled to our branch president Dr. Biju Nelson and Vice President Dr. Anitha Balakrishnan respectively.

Please visit website  
[www.imakollam.com](http://www.imakollam.com)  
IMA Blood Bank : 0474 2766551

## *President's Address .....*

All eyes are at Delhi for the Maha Panchayat, the protest of Modern Medicine Doctors against NMC. Large number of Doctors and Students will participate from Kerala and all over India. Our Branch will be represented by central council member Dr. D. Sreekumar. The District Committee of IMA Kollam conducted a cycle rally from Ayathil to Chinnakkada. The rally was represented by various branches from Kollam and it was officially inaugurated by M. Noushad MLA. Our Branch had given a warm reception to national IMA cycle rally at our branch on 12.03.2018.



National IMA rally against NMC, led by Former National President and National Secretary was given a grand reception on 25.02.2018 at 6.00 pm at our branch. We have conducted End TB Programme on 25.02.2018 at 4.30 p.m in our branch. The activities of national conference (Kollamcon) is on the progress. The team led by Dr. Alfred V Samuel's is doing a good job.

Looking forward for your support and prayers,

Jai IMA,

**Dr. Biju Nelson**

### **GENERAL BODY MEETING & CME PROGRAMME.**

**23rd March, Friday at 8pm, Dr. Mohandas Memorial Hall,**

**IMA Centre, Asramam, Kollam**

Topic 1 : ***Newer Treatment Modalities in  
Cancer Immunotherapy***

Speaker : **Dr. Cherian Thampy**  
**Associate Consultant - Medical Oncology**  
**KIMS Cancer Centre, Trivandrum**

Topic 2 : **A case presentation by Dr. Prof. N.Surendran,**  
**Consulting Paediatric Surgeon on Peutz-Jegher's syndrome.**

### **WOMENS IMA KOLLAM BRANCH (WIMA)**

**General Body & CME ON 24th March Saturday at 3.00pm,**

**Dr. Mohandas Memorial Hall**

**Guest Speaker : Dr. Reena N**  
**Consultant Gynaecologist,**  
**Taluk Head Quarters Hospital,**

## Secretary's Column.....

Digital IMA Kollam Branch.....

Transactions of IMA Kollam can now be done 'hassle free', saving time and effort to all. Working fund can be paid by NEFT into the account of IMA KOLLAM BRANCH in Dhanalekshmi Bank Account No 027405300007697 IFSC CODE :DLXB0000274 MICR: 691048004 Branch SHANKERS HOSPITAL, KOLLAM



As soon as you transfer, kindly forward your receipt to the IMA secretary's e-mail or info@imakollam.com email. The copy of IMA Receipt and 'No-dues' certificate will be sent to your individual e-mail.

The various schemes of IMA only require a print out of the no dues certificate which can be easily printed out from your e-mail.

Advantage- No more complaints of lost or missed certificate  
Requesting your kind co operation.

Jai Hind, Jai IMA

Dr. Vinod George Philip



Dr. D. Manikantan, Deputy DMO, conducting CME on  
End TB Programme on 25.02.2018

## Treasurer's Column .....

### Great news ....

As part of membership drive our branch has reduced the life membership fees considerably. New life single membership fee is reduced from Rs.22000 to Rs.15000. New life couple membership fee is reduced from Rs.32000 to Rs.24000. Single life to couple life conversion is now reduced from Rs.11000 to Rs. 8000. kindly spread this news to the new generation of doctors, so that they can utilise this opportunity.



Dr. Om Prakash

### Reception to National IMA Cycle Rally at Our Branch on 12.03.2018



President, Secretary and Treasurer participating in the Cycle Rally organised by IMA District Committee at 11.03.2018

### **KOLLAMCON 2018** **(IMA State Conference)**

Hosted by : IMA Kollam Branch  
10.11.2018 at Kollam

Organising Chairman  
Dr. Alfred V Samuel - Ph : 9387304185  
Organising Secretary  
Dr. D. Sreekumar - Ph : 9387300063  
Organising Treasurer  
Dr. Asokan Pillai - Ph : 9495328062

Thyagarajan (IMA Office Boy) -  
Ph : 9895450589

## IMA State Conference at Kollam

Our branch has been honored with the task of hosting the 61st State Conference on 10th & 11th of November 2018. We have been requesting for the State Conference for the last 3 years, but was awarded the same by a unanimous discussion in the State Council Meeting held at Kodungalloor last November.

Hosting a State Conference of IMA is a challenging task. Kollam branch has the distinction of hosting the State Conference in 1989 (33rd Conference) and in 2002 (45th Conference). (No records exist as to whether we had hosted the Conference earlier). The 1989 Conference was held at Town Hall and 2002 Conference at NN Complex (Sumangali & Mangalya). Both these Conferences were widely acclaimed as the best conference as on date.

We are now hosting the conference after a gap of 16 years. During these years IMA has grown leaps and bounds and the number of participants in the Conference has also increased substantially. We are fortunate that we could get the newly inaugurated "Lalas Convention Centre" for the Conference. The facilities available there is the best in this part of the Country. The by-pass road is scheduled to be opened in August 2018. This makes the convention centre easily accessible from both North and South Kerala.

We have constituted 12 Sub committees for conducting Conference. The Sub Committees have started their work in right earnest. Each of the Sub Committee is a mix of experienced Senior Doctors and new budding talents. It gives an opportunity for the young doctors to participate and contribute for the success of this great event.

We have also started collecting the registration fees. All members are requested to enroll as Reception Committee members by paying Rs. 3400/- (single) or Rs 4500/- (couple). It is the responsibility of each and every member of Kollam branch to make the conference a memorable event.

Let's all join hands to make the conference a grand success.

Dr. D. Sreekumar,  
Secretary,  
Organising Committee

# Sweets Syndrome

A fine young lady in her thirties presented to the Skin OPD with complaints of painful red nodules on the forearm, neck, back and forehead for the past 2 days. She also had shoulder pain and mild fever for past 4 days for which she consulted a local physician and took treatment.



There was a similar episode 5 years back.

General physical examination of the patient revealed no abnormal findings. Local examination showed a erythematous papulovesicular lesion of 5x5 cm on right forearm, small lesion 3 - 4 cm on the face, neck, upper back, chest and lateral aspect of thighs.

She was advised to do a routine blood and urine examination and review.

She was given a Steroid antibiotic combination cream for local application and paracetamol for pain.

Next day the lesions had spread and formed plaques. Blood examination showed increased WBC count and predominance of Neutrophils 88 %. Urine examination was normal. On the picture of sudden onset skin lesions following fever with sudden neutrophilic predominance a diagnosis of Sweets syndrome was made and treated with oral Prednisolone and Dapsone. The patient improved considerably.

Acute Febrile Neutrophilic Dermatitis or Sweets syndrome is named after Robert Douglas Sweet who described it in 1964.

It is characterised by sudden onset tender papules and nodules which coalesce to form large plaques mainly appearing on the face, neck, upper trunk and upper limbs, associated with febrile illness and neutrophilic. The course of the disease is weeks to months without any treatment.

Mainly three types of Sweets syndrome is reported.

1. Classic or Idiopathic - usually associated with fever, IBD, pregnancy etc.
2. Malignancy associated - AML etc
3. Drug induced - like OCPs, Minocycline, Co-Trimoxazole.

Management is with Short course oral and topical steroids, Dapsone, Colchicine, Work up to look for malignancies and supportive therapy.

Dr. Ajay Krishnan, MD, Consultant Dermatologist, NS Hospital, Kollam

## THE ORGANISING TEAM INSPECTING THE PROPOSED VENUE FOR KOLLAMCON 2018





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# DEPARTMENT OF PLASTIC AND MICROVASCULAR SURGERY

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## CONSULTANT

Dr. Sarath T S., MS, M.Ch  
Plastic Surgeon

**N H BYPASS, MYLAPORE, THATTAMALA P.O., KOLLAM - 691020**  
**Tel : 0474 - 2729393, Fax : 0474 724411 | [tmc@tmc.ac.in](mailto:tmc@tmc.ac.in) | [www.tmc.ac.in](http://www.tmc.ac.in)**