



# INDIAN MEDICAL ASSOCIATION

## KOLLAM BRANCH

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Only

### NEWS LETTER

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**WELLDONE ALFI ... WELLDONE KOLLAM BRANCH!!!**



Branch Vice  
President  
**Dr. Chandrasenan**  
acknowledging  
**Dr. Alfred V  
Samuel,**  
Kollamcon-2018  
Organizing  
Chairman with a  
'PONNADA'

Lets join  
together for  
the  
Christmas  
&  
New Year  
Celebrations  
on  
Saturday  
12<sup>th</sup> January  
2019.



Proud to be a IMA Kollam Branch Member





IMA Kollam Branch President Dr. Biju Nelson participating in the AIDS Day Celebration at Kottarakkara, by AIDS Control Society in the presence of Mar Thoma Bishop on 01.12.2018



Branch President Dr. Biju Nelson and WIMA members Dr. Bindu Earnest and Dr. Jessy Samuel had taken part in the Mega Medical Camp organized by Swasthi Foundation, Quilon Social Service Society and IMA Kollam Branch for the fishermen who took part in the flood relief activities during the flood time. The meeting was inaugurated by Fisheries Minister Smt. Mercykutty Amma in the presence of Swasthi Chairman, Former DGP. Mr. Jacob Ponnose. Others present are Fr. Alphonse.S and Dr. Thomas Mathew - Principal Trivandrum Medical College.

*Proud to be a IMA Kollam Branch Member*

## President's Address .....

The new team in the state IMA has taken over and they have taken new initiatives such as (1) Small health care organization support scheme. (2) Committee to end hospital violence (3) A state of the art laboratory under the aegis of IMA PEPS and PCS. (4) Special Child Education Centres. (5) A state IMA facility in the North. (6) Expansion of state head quarters (7) Life style training and empowerment of young doctors. (8) Food Safety initiative of IMA. (9) Empowerment of WIMA (10) IMA HBI concentrating on Ayushman Bharat, Rules of CEA & NABH Programme. State leadership has covered almost all the areas. We can join with state IMA to fulfill their dreams.



**Dr. Biju B Nelson**

We know that all the challenges are still existing at state and national level. We wish the new state and national leadership can take doctors to a safe shore. Let me take the opportunity to wish all IMA Kollam Branch members and their family members A Merry Christmas and A Prosperous New Year 2019.

Jai Hind, Jai IMA.

### **General Body Meeting & CME Programme**

On 28th December 2018, Friday at 8.00pm IMA Centre, Arsamam, Kollam.

Topic : **“2017 AHA FOCUSED UPDATE ON ADULT AND PEDIATRIC BASIC LIFE SUPPORT”**

Speaker : **Dr. Athura Das. M MD (Em. Medicine)**

### **Christmas & New Year Celebration 12.01.2019**

Chief Guest : **Rt. Rev. Dr. Oommen George**

Bishop of CSI Kollam – Kottarakkara Diocese

### **NOTICE**

*IMA KOLLAM wishes to honour the meritorious students of class X and XII, during the X-Mas and New Year Celebration on 12.01.2019 (Saturday). Kindly forward their relevant documents to the Secretary, Dr Vinod George Philip on or before 5th January 2019.*

*(e mail: [vindeep2000@yahoo.co.uk](mailto:vindeep2000@yahoo.co.uk) or [info@imakollam.com](mailto:info@imakollam.com), Ph : 9895085131)*



**“Another Year comes to an end.”**

IMA Kollam has settled into its normal routine after conducting a well appreciated “KOLLAMCON 2018”

As of today IMA Kollam has a membership of 850. How ever the members availing the benefit of SS I, SS II and SSS are very few. Members are requested to take advantage of these schemes and join them at the earliest.



Our hall Dr. Mohandas Memorial IMA Hall has a full time staff from 10 AM to 4 PM to assist you through all your enquires and requirements. As the new year is just around the corner, may I thank all the members for their support, help, guidance and criticism that got us through a wonderful year. I extend my best wishes to each one of you for a bright and wonderful year 2019.

Jai Hind, Jai IMA

Dr. Vinod George Philip



*Editor's Corner.*

*“Ring out the old, ring in the new,  
Ring happy bells, across the snow:  
The year is going, let him go;  
Ring out the false, ring in the true.”*

*- Alfred Lord Tennyson.*



*With the new year just around the corner, may I take this opportunity to wish all our dear IMA members and their families a Joyous Christmas Season, and a Happy and Successful New Year. It is also a call to stand together to strengthen our association and actively participate in association matters.*

Dr Joseph Cardoz. DM.

## Treasurer's Column .....

Dear Friends,

I want to remind you once again about the SSS III byelaw amendment. The age is limited to below 65 years and lock in period has been increased to 2 years if the IMA member joins above 50 yrs. So friends use this occasion.

The Social Security Schemes are so structured to provide incentives to young doctors and protect old age with fixed payment period for each scheme, on completion of which the member becomes HONOURARY member.

'No payments but reap the benefits'

SSS I - 20 yrs, SSS II - 25 yrs, SSS III - 25yrs.

It helps to start early.

SSS I, II & III Schemes will soon realise a fraternity benefit of I Crore, which will provide a much needed support to the families. By joining the scheme we not only protect our family but also support the families of our colleagues.

Also friends, we are planning to go for a One Day Trip on February 3rd (Sunday) We will soon finalise the spot. Trying to arrange an excellent thrilling trip with sight seeing, boating, indoor & outdoor games, barbeque, seashore games, partying, music & lot more. We will inform you all after our next general body meeting. Expecting you all to make it a memorable event.

Jai Hind, Jai IMA



Dr. Jithin A.S.

## ഒന്നാണു് നമ്മൾ .....



Kollamcon 2018 Celebrations were held at our branch on 30.11.2018. Speaking on the occasion, Dr. Alfred V Samuel mentioned, that it was a collective effort which came out with flying colours. Dr. D Sreekumar - Organising Secretary & Dr. Asokan Pillai mentioned their difficulties faced during the past few months. Dr. Priyalal.B shared his funny experiences during the registration time. Dr. Alexander, Dr. N.S. Jinen, Dr. George chacko, Dr. Nazimudeen, Dr.M.P.Radhakrishnan, Dr.Chandrasenan, Dr. Ravikumar, Dr. Jagadeesh and Dr. Rohit spoke on the occasion.



**Congratulations to  
Dr. Kumar Bhaskar**  
*(final year PG in Anaesthesia  
at RCC Trivandrum), son of our  
members Dr Bhaskara Pandian and  
Dr Gomathi.*  
**Poster Presentation at Newyork City.**



### NEW ADDRESSES OF THE SCHEMES

#### SOCIAL SECURITY SCHEME - 1

**Dr. Prasanth C.V. - Secretary**  
IMA Headquarters,  
Anayara, Thiruvananthapuram  
Ph : 0471 2741244

#### PROFESSIONAL PROTECTION SCHEME

**Dr. Sajeev Kumar - Secretary**  
Daya Hospital, Moolakkal,  
K Puram P.O.,  
Ph : 9287274922

#### SOCIAL SECURITY SCHEME - III

**Dr. Krishnakumar P.V. - Secretary**  
Krishna Quarters,  
Near. Arangottukara Post Office  
P.O. Arangottukara, Thrissur.

#### PENSION SCHEME

**Dr. Anoop Koshy - Secretary**  
IMA House,  
Court Road, Thalassery  
Ph : 0490 2327005

*IMA KOLLAM Branch is Targeting a total membership of 1000 by the end of 2019. Request all the members to add one new member to our branch .*

*IMA Kollam Branch Executive Committee 2018-19*

## **OBITUARY**



Mr.T.K.Ismail, 92 years (former PSC Under secretary, Manjali, Kodungalloor), Father of Dr. Mini.I, Eyeline Eye Care Centre, Kundara expired.



## കനവുകൾ

വിശ്വ ശിൽപീ ! പ്രവചിക്കേണം -  
വിശ്വമെന്തിന് സൃഷ്ടിച്ചു നീ?  
അതിലൊരുതരിയായ് ഭൂമിയെ ചമച്ചു  
അതിബുദ്ധിയേകി മനുഷ്യരെയും  
അവരിൽ നിറച്ചു നന്മകൾ, തിന്മകൾ  
അവർക്കു നൽകീ സുഖദുഃഖാദികൾ  
പേമാരികളും, പ്രളയവുമെല്ലാം -  
ഭൂമിക്കേകിയ വരങ്ങളാണോ?  
നവനവമാരകരോഗാണുക്കൾ  
അവനിയിലാകെ പാറിടുന്നു  
ഇതുകാണുമ്പോൾ മാനവഹൃദയം  
വിതുമ്പുകയാണതിദുഃഖത്താലേ.  
കരയാനെനിക്കു മനസ്സില്ലല്ലോ -  
ചിരിക്കാനെന്നിക്കുമനസ്സില്ലല്ലോ-  
കരളിൽ കവിയും കദനങ്ങളെല്ലാം -  
കനവുകളായ് ഞാൻ നിനച്ചോളാം.  
യുഗങ്ങൾ പലതും ഇഴഞ്ഞുനീങ്ങി  
കൃത്യയുഗത്രേതാദാപരയുഗങ്ങൾ  
കലിയുഗകാലേ മാനുഷരെല്ലാം -  
കലഹികളായി മാറീടുന്നു.  
കലികാലാന്ത്യേ പ്രളയാരംഭം -  
പ്രളയം വന്നാൽ ഭൂമിയ്ക്കന്ത്യം  
പ്രളയം പോയാൽ വീണ്ടും സൃഷ്ടി-  
തുടരുകയാണിത് കാലാകാലം.  
ഉണ്ണെടാരപേക്ഷ തിരുസന്നിധിയിൽ-  
വേണ്ടായിനിയും മാനുഷർ മന്നിൽ  
അഥവാ അവരെ സൃഷ്ടിച്ചെന്നാൽ -  
വ്യഥകൾ വ്യാധികകൾ ഇല്ലാത്തവരായ് -  
പൈദാഹങ്ങൾ അറിയാത്തവരായ്  
വേദനയൊന്നനും തോന്നാത്തവരായ്  
അവരിൽ നിറയ്ക്കുക സ്നേഹം മാത്രം  
ശൈശവ ബാല്യ കൗമാരങ്ങൾ  
പിന്നെ യൗവ്വനകാലം മാത്രം  
ജരാനരബാധിതവാർദ്ധക്യത്തെ  
നിരാകരിക്കുക എന്നത്തേയ്ക്കും  
അറിയാമിവയെൻ പാഴ് സ്വപ്നങ്ങൾ !  
വെറുതേ തോന്നിയ ആശകൾ മാത്രം !



Dr. V.K . Vijayalekshmi  
Sr.Con. Surgeon





## NEW MEMBERS



**Dr. Anandu G Krishnan**  
C/o.V.Gopalakrishnan  
Vrindavan, Janani Nagar 44,  
Koottikada P.O., Thattamala  
Kollam 691020



**Dr. Aswin D**  
Cheroor Veedu  
Chathannoor,  
Kollam 691572



**Dr. Azad Abdul Salam**  
Cithara, Edappallykotta  
Ponmana P.O.,  
Chavara,  
Kollam 691583



**Dr. Gouri. S**  
C/o. Suresh B  
Thoppil, PADA South  
Karunagappally P.O.,  
Kollam 690518



**Dr. Haseeb**  
C/o. A.K.Mukthar  
Neena Manzil, Aikya Nagar 10  
Beach North, Lekshminada  
Kollam 691013



**Dr. Jony Itty Panicker**  
C/o. P.G. Itty Panicker  
Pushpamangalath Anish Villa  
Jyothi Nagar, Kilikolloor  
Kollam 691004



**Dr. Lekshmi S.R**  
Govind Bhavan  
Kottappuram,  
Paravur P.O.,  
Kollam 691301



**Dr. Manu K Prathab**  
C/o. K Prathapan  
Devi, Nalanda Nagar 43  
Anchalummoodu  
Kollam 691012



**Dr. Siby Sebastian**  
C/o.R.Sebastian  
Nirmala, Kavanadu P.O.,  
Kollam 691003



**Dr. Sujith Vidyadharan**  
C/o. Dr. Vidyadharan  
Thengilazhikathu Veedu  
Prasanthi Nagar 4  
Pattathanam P.O., Kollam

## *New Couple Members*



**Dr. Arun B.R**  
Lekshmi Bhavan  
Alummoodu P.O.,  
Mukhathala P.O.,  
Kollam 691577



**Dr. Arsha V**  
C/o. Dr. Arun B.R.  
Lekshmi Bhavan  
Alummoodu P.O.,  
Mukhathala P.O.,  
Kollam 691577